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## COMPETITIVE JUNIOR PROGRAMS – FALL 2025

***Saturday, August 23 thru Monday, October 27, 2025***

**There will be no junior programs on Labor Day Weekend, August 30 - September 1**

**\*\* All of the following programs require a Junior Membership (\$175 per year) and coaches approval by Guy, Gabe, or Bryan \*\***

### **FUTURE STARS (Orange Ball / ages 6 to 11)** Price level A – see pricing page 2

An emphasis on motor mechanics and movement, and most of all, FUN, FUN, FUN! Beginning match play will be taught in a nurturing setting with games, drills, and more games on 60 foot courts.

In addition, players can participate in Rallyball on Saturdays at 4:00pm to 5:00pm (See page two for Rallyball pricing.)

**Tuesday** 5:00pm – 6:00pm **Tuesday** 6:00pm – 7:00pm **Thursday** 6:00pm – 7:00pm **Friday** 5:00pm – 6:00pm  
**Saturday** 1:00pm – 2:00pm **Sunday** 1:00pm – 2:00pm

### **SHOOTING STARS (Yellow Ball / ages 11 to 17)** Price level B – see pricing page 2

Players learn the tools needed to Play Matches. Most importantly, players will master serving, scoring, and rallying from the baseline with consistency in match play situations. Players will be encouraged to participate in Match Play on Saturdays at 6:00pm to 8:00pm. (See page two for Match Play pricing.)

**Monday** 6:00pm–7:30pm **Tuesday** 5:30pm–7:00pm **Friday** 6:00pm–7:30pm **Saturday** 2:00pm–3:30pm **Sunday** 3:30pm–5:00pm

### **STARS (Green Dot Ball -> Yellow Ball / ages 8 to 11)** Price level B – see pricing page 2

For players who have completed Future Stars and are very serious about developing their tennis. This is THE class for shaping your game before becoming a competitive player. Players will learn all of the essentials needed to become a tournament competitor and be taught HOW TO PLAY. Players will be encouraged to participate in Match Play on Saturdays from 6:00pm to 8:00pm. (See page two for Match Play pricing.)

**Monday** 6:00pm – 7:30pm **Tuesday** 4:00pm – 5:30pm **Thursday** 6:00pm – 7:30pm  
**Friday** 6:00pm – 7:30pm **Saturday** 2:00pm – 3:30pm **Sunday** 2:00pm – 3:30pm

### **SUPER STARS JUNIOR** Price level C – see pricing page 2

This program is for players transitioning into Super Stars and transitioning from green ball to yellow ball programs. Players will be encouraged to participate in Match Play on Saturdays at 6:00pm to 8:00pm. (See page two for Match Play pricing.)

**Monday** 6:00pm – 8:00pm **Wednesday** 4:00pm – 6:00pm **Thursday** 4:00pm – 6:00pm **Sunday** 10:00am – 12:00pm

### **SUPER STARS (Green Dot Ball -> Yellow Ball)** Price level C – see pricing page 2

For players who have completed the Super Stars Class and are playing tournament tennis. This is a two-year program where all the areas of the game necessary for becoming a successful tournament competitor are developed. Players will be encouraged to participate in Match Play on Saturdays at 4:00pm to 6:00pm. (See page two for Match Play pricing.)

**Tuesday** 4:00pm – 6:00pm **Wednesday** 4:00pm – 6:00pm **Friday** 6:00pm – 8:00pm **Saturday** 2:00pm – 4:00pm  
**Sunday** 10:00am – 12:00pm

### **TEAM DEVELOPMENT** Price level C – see pricing page 2

Stroke and tactic training for the less experienced tournament player who has played middle / high school tennis. Players will be encouraged to participate in Match Play on Saturdays at 4:00pm to 6:00pm. (See page two for Match Play pricing.)

**Thursday** 4:00pm – 6:00pm **Friday** 6:00pm – 8:00pm **Saturday** 2:00pm – 4:00pm **Sunday** 10:00am – 12:00pm

### **HIGH SCHOOL VARSITY** Price level C – see pricing page 2

Focuses on developing junior players who are playing High School Varsity Tennis, or who have tournament experience with a desire to play Varsity Tennis. Players will become the best they can be with an emphasis on personal development. Players will be taught to develop their own individual style and stroke technique. Players will be encouraged to participate in Match Play on Saturdays at 4:00pm – 6:00pm. (See page two for Match Play pricing.)

**Monday** 4:00pm – 6:00pm **Tuesday** 4:00pm – 6:00pm **Thursday** 4:00pm – 6:00pm **Saturday** 12:00pm – 2:00pm  
**Sunday** 12:00pm – 2:00pm

**HIGH PERFORMANCE JUNIOR** Price level C – see pricing below

For the dedicated 14 & under tournament player. The program will teach the mental, physical, and emotional tools to achieve players' goals. Players will learn to end points with specific match strategy with an understanding of percentage play from all court positions. Players will be encouraged to participate in Match Play on Saturdays at 4:00pm to 6:00pm. (See page two for Match Play pricing.)

**Monday** 4:00pm – 6:00pm    **Tuesday** 4:00pm – 6:00pm    **Wednesday** 4:00pm – 6:00pm    **Thursday** 4:00pm – 6:00pm  
**Friday** 4:00pm – 6:00pm    **Saturday** 12:00pm – 2:00pm    **Sunday** 12:00pm – 2:00pm

**HIGH PERFORMANCE** Price level C – see pricing below

Tournament training focusing on the skills needed to play college tennis. The program will teach the mental, physical, and emotional tools to achieve players' goals. Players will learn to start and end points with specific match strategy with an understanding of percentage play from all court positions. Dedicated tournament players only aged 14 and over, except for sectionally ranked players who played in the Midwest Closed. Players will be encouraged to participate in Match Play on Saturdays at 4:00pm to 6:00pm. (See page two for Match Play pricing.)

**Monday** 4:00pm – 6:00pm    **Wednesday** 4:00pm – 6:00pm    **Thursday** 4:00pm – 6:00pm  
**Friday** 4:00pm – 6:00pm    **Saturday** 12:00pm – 2:00pm    **Sunday** 12:00pm – 2:00pm

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***Fall 2025 Session Prices: 9 weeks, Saturday, August 23 thru Monday, October 27***

	1 day per week	2 days per week	3 days per week	Unlimited
A – 1 Hour Programs	\$279	\$540	\$783	
B – 1.5 Hour Programs	\$387	\$747	\$1,080	
C – 2 Hour Programs	\$486	\$936	\$1,350	\$1,800

Competitive programs paid in full, in advance, in cash (cash or check, no debit cards) receive a 3% discount. (Discount does not apply once program begins.) Full program payment due by September 25, 2025. Junior Membership: \$175

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**FITNESS and MOVEMENT TRAINING** Designed to enhance on court performance and prevent injuries through developing explosive power, speed, quickness, agility, and core strength. The group will include resistance training, balance training, footwork drills and plyometrics, and give players an assessment of their current fitness level.

**Tuesday** 6:00pm – 7:00pm    **Cost:** 9 weeks for \$135, or \$15 per week

**RALLYBALL** Players learn to play matches and compete in a fun team tennis format.

**Saturday:** 4:00pm – 5:00pm (Future Stars)

**Cost:** \$63 for the entire 9-week session for students enrolled in junior programs. (If not enrolled in junior program, the cost is \$135 for the entire 9-week session.)

**JUNIOR MATCH PLAY** Compete in singles and doubles. Schedule is subject to change.

**Saturday** 4:00pm – 6:00pm    **Saturday** 6:00pm – 8:00pm (for Stars, Shooting Stars and Superstars Junior)

**Cost:** \$16    Players register / sign up by emailing Gabe Higgs in advance at [rccjuniortennis@gmail.com](mailto:rccjuniortennis@gmail.com)

**JUNIOR WALK-ON COURT TIME** Any junior member who is also an active part of our junior program may use a walk-on court at 1/2 the regular court rate. If a junior member plays with an adult, the court rate will be prorated. (Junior membership required - \$175.00)

**STAFF:**

**GUY PARKS** – *USPTA Master Professional, Director of Tennis*; **BRYAN NIBERT** – *USPTA Specialist in Competitive Development, Head Professional*; **GABE HIGGS** – *USPTA, Director of Competitive Development*; **KEN BERLIN** – *USPTA*; **SCOTT DREDGE** – *USPTA*; **EDDIE ECHEVERRIA** – *PTR*; **CONNOR GEELAN**; **DANIEL LARTEY**; **JOHN MINCY**; **NICHOLAS ARONOFF**; **OWEN ALDERMAN**

**Guy Parks:** [gwparks2@racquetclub1.com](mailto:gwparks2@racquetclub1.com)    **Bryan Nibert:** [coachnibert@gmail.com](mailto:coachnibert@gmail.com)

**Gabe Higgs:** [rccjuniortennis@gmail.com](mailto:rccjuniortennis@gmail.com)

**MAKEUP POLICY:** Missed classes can be made up in a class of equal ability on a different day with prior permission on a space available basis. Makeups must be taken before the end of the Fall 2025 session (no make-ups after October 27, 2025).